

COLLEGE PREPARATORY DANCE DEPARTMENT

Course Title: Modern I	2 Semesters, Level 1 Course, 1 Credit
Course Title: Modern II	2 Semesters, Level 2 Course, 1 Credit
Course Title: Modern III	2 Semesters, Level 3 Course, 1 Credit
Course Title: Modern IV	2 Semesters, Level 4 Course, 1 Credit
Course Title: Ballet I	2 Semesters, Level 1 Course, 1 Credit
Course Title: Ballet II	2 Semesters, Level 2 Course, 1 Credit
Course Title: Ballet III	2 Semesters, Level 3 Course, 1 Credit
Course Title: Ballet IV	2 Semesters, Level 4 Course, 1 Credit
Course Title: Dance Seminar	2 Semesters, Level 2-4 Course, 1 Credit

Modern I-IV

Course Description:

The Modern 1 course is a comprehensive introduction to a variety of modern dance skills. Students participate in weekly dance technique classes that focus on the introduction of the elements of Modern Dance. The course develops the foundation of modern dance through development of these skills. Throughout the course, rigorous attention is given to correcting the technical details of every movement. This focus is accomplished through the intensive study of a set warm-up, center exercises and across the floor sequences. Main course techniques include: *Limon, Humphrey, Cunningham, Graham, and Taylor.*

The Modern II, III and IV courses advance appropriately to achieve technical proficiency in Modern Dance at the advanced level by the time the student has completed all four courses.

Desired Results, Learning

Objectives: Content – Students will be able to:

- Achieve technical proficiency in Modern Dance via structured movement sequences on the floor, in the center, and across the floor by participating in weekly training
- Create dances and explore organic movement through improvisation and structured lessons using choreographic tools
- Develop their artistry through choreography and improve upon performance skills
- Perform a set floor sequence to gain strength and flexibility, and to warm up the muscles for performance competencies
- Accurately perform high intermediate-advanced level modern technique with sound anatomical placement, rhythmic acuity, and coordination (full competency by Level IV)
- Recognize and define modern vocabulary
- Demonstrate accurate memorization of extended movement sequences
- Demonstrate and differentiate qualities and dynamics of movement

Academic Competencies – Students will be able to:

The student will practice daily discipline by participating in modern technique class. The course will contribute to the development of aesthetic sensitivity and provide experiences through which he/she can fulfill a variety of intellectual, personal, and social needs. Using memorization, choreographic, and analytical skills, the student will enhance creativity while developing cognitively and physically. Through the development of perceptual and physical abilities and technical skills, students will acquire the tools necessary for performing and responding to dance.

Acceptable Evidence of Understanding, Assessments:

Students will be observed and assessed daily in their technique classes to mark growth and improvement in their physical technical skills on the floor, in the center, and across the floor. Students will utilize their choreographic tools to create dance compositions (second semester). Students may also elect to keep a journal noting daily corrections given in their technique classes and note what they can do to improve upon their skills. Students will perform in a dance concert(s) to show their proficiency, artistry, and performance skills. Students will be asked to choreograph for the performance (Year IV). Students will take a practicum at the end of each semester to demonstrate through a graded format their knowledge gained during the semester

Learning Experiences and Instruction:

- The student will react to one's technical work and respond to appraisals by others.
- The student will create movement compositions using choreographic tools.
- The student will define areas of muscular imbalance within his/her body and utilize the gained skills to correct those imbalances (Lesson enhanced once Dance Seminar is completed).
- The student will respond positively to the instructors' feedback and make effort to improve when constructive criticism is presented.
- The student will be actively involved in demonstration, questioning and discussion of modern technique, daily.
- The student will perform in a dance concert.

Ballet I-IV

Course Description:

Students will train weekly to achieve technical proficiency in Ballet via structured repetitive exercises at the barre, in the center, and across the floor. Students will fill any gaps in their prior training and gain a solid, technical foundation of ballet technique that will create capable, strong technicians in dance. Structured lessons that incorporate proper body alignment, vocabulary and ballet body positions will be the core of the material that is taught. Through a highly effective and well-disciplined curriculum, the students will gain all the necessary skills to be a proficient ballet dancer.

Desired Results, Learning Objectives: What will students understand as a result of this course?

- The student will be able to perform a set barre sequence to gain strength and flexibility, and to warm up the muscles for performance competencies.
- The student will be able to accurately perform high intermediate-advanced level ballet technique with sound anatomical placement, rhythmic acuity, and coordination (full competency by Level IV)
- The student will be able to recognize and define ballet vocabulary.
- The student will be able to demonstrate accurate memorization of extended movement sequences.
- The student will develop an understanding of dance as an essential component of history and human experience.

Desired Results, Academic Competencies: What learning skills will be taught or practiced in the course?

The student will practice daily discipline by participating in ballet technique class. The course will contribute to the development of aesthetic sensitivity and provide experiences through which he/she can fulfill a variety of intellectual, personal, and social needs. Using memorization, choreographic, and analytical skills, the student will enhance creativity while developing cognitively and physically. Through the development of perceptual and physical abilities and technical skills, students will acquire the tools necessary for performing and responding to dance.

Acceptable Evidence of Understanding, Assessments: What evidence will show that students understand? (assessments can include performance tasks, written composition, projects, tests, other evidence)

Students will be observed and assessed daily in their technique class to mark growth and improvement in their physical technical skills at the barre, in the center, and across the floor. Students will utilize their knowledge to demonstrate proper body alignment and be able to define ballet vocabulary. Students may elect to keep a journal noting daily corrections given in their technique classes and note what they can do to improve upon their skills. Students will perform in a dance concert(s) to show their proficiency, artistry, and performance skills. Students will take a practicum at the end of each semester to demonstrate through a graded format their knowledge gained during the semester.

Learning Experiences and Instruction: What learning experiences will equip students to demonstrate understanding? (include inquiry activities, research, problem solving, experimentation, performances, collaborative activities, demonstration, lecture, questioning, discussion)

- The student will react to one's technical work and respond to appraisals by others.
- The student will study and then demonstrate exercises for a ballet practicum.
- The student will define areas of muscular imbalance within his/her body and utilize the gained skills to correct those imbalances.

- The student will respond positively to the instructors' feedback and make effort to improve when constructive criticism is presented. e. The student will be actively involved in demonstration, questioning and discussion of ballet technique, daily.
- The student will perform in a dance concert.

Dance Seminar

Course Description:

Students will expand upon their technical knowledge of dance through academic coursework in history, anatomy, and kinesiology as it pertains to dance. Students will demonstrate their knowledge as they critique and view dance both as an art form and as a meaningful part of society. Students will explore their artistry and find their artistic voices as they write about dance, create their mission statements, understand dance as a vital part of our culture, and define their future goals as dancers. Students will delve into the depth and breadth of dance as an academic course.

Desired Results, Learning

Objectives: Content – Students will

be able to:

- Gain knowledge and application of anatomical principles and apply to dance skills
- Gain knowledge about kinesiology and apply to dance skills
- Apply injury prevention methods to create effective methods for studying dance safely
- Describe and illustrate how common themes are found across different cultures via dance
- Acquire observational and analytical skills
- Understand dance as an essential component of history and the human experience
- Learn how to write dance via Motif Notation
- Define various career paths for dance
- Apply knowledge of business administration into writing a small business plan

Academic Competencies – Students will be able to:

- Demonstrate knowledge of research skills
- Apply communication skills
- Demonstrate the ability to cite textual evidence
- Attend to precision
- Make sense of problems and persevere in solving them

Acceptable Evidence of Understanding, Assessments:

- Tests and Quizzes throughout each unit
- Terminology and memorization assessment tools, daily
- Written composition of their views and observations
- Present Projects; individual and as a group
- Frequent discussion requiring deeper level of thinking in response to understanding

Learning Experiences and Instruction:

- The student will react to one's technical work and respond to appraisals by others.
- Develop an artistic mission statement that reflects her personal passion
- The student will define areas of muscular imbalance within his/her body and utilize the gained knowledge to correct those imbalances.
- The student will research the history of dance and note its historical context
- The student will define dance as a meaningful, reflective part of society
- The student will explore the depth and breadth of dance as a course of college study and as a career to include: *Dance Therapy, Dance Pedagogy, Dance Science, Dance History, Labanotation, Cross-Cultural Dance Forms, and Arts Administration*
- The students will create a passion project or a business plan for a future career in dance